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**Be Water,  
My Friend:**  
Building Just  
Relationships

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# Nests: Nurturing Freedom

At our best, identity, culture, and community let us:

- Be
- Belong
- Become

And diversity is our strength.



Bronfenbrenner, 1979  
Frye, 1983

# Cages: Conspicuous Control



At our worst, identity, culture, and community are about:

- Classification
- Conquest
- Colonization

And difference terrifies us.



Bronfenbrenner, 1979  
Frye, 1983

# What does it mean ...



As you were growing up, in what ways were you given nests that supported your growth versus cages that limited who you could be?



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# What does it mean ...



In what ways are we building, affirming, and supporting our young people's nests and taking apart their cages? In what ways are we doing the opposite?

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# Complicating Social Justice



What if your nest is someone else's cage? What if a nest becomes a cage? Who decides what's a nest and what's a cage?

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# Complicating Social Justice



What does it mean to talk about only nests and not cages? Only cages and not nests? Who benefits from what balance?

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# So about that fried rice...



1. What my momma taught me.
2. What I do with my sibs.
3. What I get asked about.
4. What I'm told to do.
5. When I'm shut out.

—



How do you  
feel when  
talking about  
identity and  
oppression?  
**Try to answer  
with water.**



Katsushika Hokusai (c. 1830) The Great Wave off Kanagawa.

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What do you  
want your  
water to be?  
What do you  
want your  
water to do?



Katsushika Hokusai (c. 1830) The Great Wave off Kanagawa.

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What does it mean to do social justice work with people whose water differs from yours?



Katsushika Hokusai (c. 1830) The Great Wave off Kanagawa.

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Whose water conditions, wants, and needs are centered in conversations around social justice? Whose water should be?



Katsushika Hokusai (c. 1830) The Great Wave off Kanagawa.

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Artist Unknown.  
(c. 1880).

三酸圖

*The Three  
Vinegar Tasters.*





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Questions?  
Comments?

What is something  
that you are leaving  
with today?